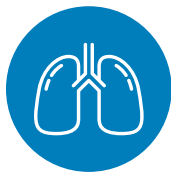


HOW PULMONARY REHAB HELPS PARTICIPANTS



Experience less difficulty with breathing



Increase muscle strength and endurance



Improve ability to do daily activities



Understand how to use medications & oxygen appropriately



Improve quality of life



Reduce hospitalizations



Improve depression