

58%

Cardiac Rehabilitation participants are 58% less likely to die from heart-related illnesses after one year of treatment.



Changing lives. One heart at a time.

Cardiac Rehab Week 2017



31%

Cardiac Rehabilitation participants are
31% less likely to be readmitted to a
hospital for heart-related illnesses.



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30%

Cardiac Rehabilitation participants experience
a 30% increase in physical fitness.



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